



PROF NICOLENE JOUBERT

Counselling Psychologist

Practice Number: 8606986

Advanced Specialist Counselor (CPSC)

CURRICULUM VITAE

CHRISTIAN NAMES:

Nicolina Louisa Joubert

PLACE OF BIRTH:

Alberton, South Africa

DATE OF BIRTH:

7th October 1954

PHYSICAL ADDRESS:

10 Banks Lane
Klippoortje
1401

POSTAL ADDRESS:

Postnet Suite 664
Private Bag X1007
Lyttelton
0140

MARITAL STATUS:

Married to Willem Martins Joubert

NATIONALITY:

South African

HOBBIES:

Reading, Travelling and Pilates

LANGUAGES:

Bilingual: Afrikaans/English
German: Intermediate level

CONTACT INFO:

Cellphone: 082 373 9414
Email: njoubert@icp.org.za
Website: www.nljpractice.com
Website: www.icp.org.za

PROFESSIONAL PROFILE

- Registered Counselling Psychologist (HPCSA)
- Advanced Specialist Counselor (CPSC)
- Trauma therapist
- Family counselling
- Biblical Counsellor
- Play- and Sandtray Therapist

EXECUTIVE PROFILE

- Private psychotherapy and counselling practice
- Founder and Head of Institute of Christian Psychology
- Professor at Die Afrikaanse Protestantse Akademie from 1 January 2009 - present
- President of the Association of Christian Counsellors in South Africa till 2018
- Executive board member of the Council for Pastoral and Spiritual Counsellors (CPSC) in South Africa from 2017 till present
- Board member of the Association of Christian Religious Practitioners in South Africa (ACRP) from 2017 till 2020
- Chairperson of the Council for Pastoral and Spiritual Counselors (CPSC) from 1 September 2022 till present

SKILL HIGHLIGHTS

- Mental Healthcare Services
- Therapeutic Skills
- Psychological Interventions
- Integration of spirituality and religion and psychological interventions Research
- Community Psychology Projects
- Client and Community orientation
- Leadership and Communication skills
- Mental Disorder Specialization (Trauma and Stress-related Disorders; Dissociative Disorders)
- Mental Health Education (Development and Presentation of courses, workshop and seminars on mental health topics).
- Development and Deliverance of Educational Products
- Postgraduate supervisor of MTh and PhD students

Cellphone: 082 373 9414
Cellphone: 071 493 4543
Email: njoubert@icp.org.za

10 Banks Lane
Klippoortje, 1401

Postnet Suite 664
Private Bag X1007
Lyttelton, 0140

www.nljpractice.com
www.icp.org.za

CORE ACCOMPLISHMENTS

- I have established and run a private practice as a licensed psychologist from 1983 till present.
- I have founded and managed a private tertiary institution (offered a Bachelor of Arts degree and Bachelor of Psychology degree).
- I presented papers and a variety of training courses at conferences, seminars and workshops on a variety of topics.
- I am a regular speaker at Professional organisations and Churches on topics like: Post-Traumatic Stress, Dealing with Trauma, Dissociative Disorders, Emotional Wellness, Suicide, Cultural trauma and Parent-child relationships.

EDUCATION

1972	Matriculated Afrikaans Hoërskool, Germiston with University Exemption and three distinctions.
1975	Bachelor of Arts Degree Potchefstroom University for Christian Higher Education.
1976	Higher Education Diploma (Potchefstroom University for Higher Education) Cum Laude (Afrikaans / Psychology / Biblical Studies)
1979	Bachelor of Arts Honors (Psychology) University of South Africa
1982	Masters of Arts in Counselling Psychology University of South Africa
1989 - 1990	2 Year Diploma College for Advanced Christian Education
1999	Doctor of Philosophy in Psychology Potchefstroom University for Christian Higher Education Fo Title: "The design and evaluation of a Biblically based therapy program for a congregation".
2012	Spiritual Direction Training Dr Larry Crabb
2013	Circle of Security Training Presented by Glen Cooper (United States of America). Accredited by University of Pretoria and presented at Weskoppies Hospital.
2014	Postgraduate Diploma: Online and Distance Education The Open University, UK
2015	Master of Arts Degree: Online and Distance Education The Open University, UK
2017	Certificate in Deutch Online – Individual A2 Goethe Institut, Germany
2017	Copy-editing Short Course University of Cape Town
2017 - 12/2022	Masters in Theological Studies (Trinity International University, Deerfield, Chicago, Illinois.

WORK EXPERIENCE

- 01/2022 - Current: Adjunct Professor of Christian Psychology and Counseling at Houston Christian University (HCU), Texas, USA
- 01/2020 - 01/2022: Associate Professor of Christian Psychology at Houston Baptist University (HBU), Houston, Texas, USA
- 09/2015 - Current: Postgraduate Supervisor at South African Theological Seminary.
- 01/2000 - Current: Founder and Head of The Institute of Christian Psychology in South Africa. In this position I designed amongst others, a 3 year BA degree programme and a 4 year full time degree programme (Bachelor of Psychology), that is fully accredited by South African Department of Education. I developed several of the courses and coordinated the development of the additional subjects that form a part of this degree.
- 11/1983 - Current: Private Practice as Counselling Psychologist in South Africa (Vocational guidance, Assessment of children, Family therapy, Marriage therapy and Individual therapy).
- 03/2013 - 2018: President of the Association of Christian Counsellors in South Africa.
- 02/1992 - 11/1992: Department of Manpower in South Africa – Vocational Guidance Psychologist.
- 01/1982 - 09/1983: Internship at UNISA (University of South Africa) Institute for Marriage and Family Counselling.
- 01/1977 - 12/1979: T.E.D. Teaching Afrikaans to Grade 10 – 12 at Afrikaanse Hoërskool, Germiston, South Africa.

PUBLICATIONS

- Joubert, N.L., de Vos, A. (Rand Afrikaanse University) (1990) Co-author and presenter of the Borg-Programme (Biblically Parental Training Program)
- Joubert, N.L., Venter, C.A & Venter, C.J.H. (2004) *The development and evaluation of a Biblically-based therapy programme for a congregation*. In die Skriflig, 38 (1) 2004:85-105.
- Joubert, N.L. (2004) *Christian psychology 2A Personality Theories*. Study Manual. South Africa: Verbum
- Joubert, N.L. (2005) *Dissociative Identity Disorder: Understanding and counselling DID clients*. South Africa. Verbum Publishers
- Joubert, N.L. (2007) An African perspective on miracles. In J.H. Ellens (Ed), *"Miracles: God, Science, and Psychology in the Paranormal"*
- Joubert, N.L. (2009) How Christian Spirituality spurs mental health. In J.H. Ellens (Ed), *The Healing Power Of Spirituality*.
- Joubert, N.L. (2009, 2010) Review of article: *Theodrama: A means to truthful living*, by Dr Kevin Vanhoozer in Journal Edification: The Transdisciplinary Journal of Christian Psychology, 28.
- Joubert, N.L., Joubert, Z.E. (2011) Evil in Film: Portrayal and Biblical Critique. In J.H. Ellens (Ed), *Explaining Evil Volume 1, Definitions and Development*.
- Nicolene Joubert (2015) Article: *Introduction to the South African Articles*, in the EMCAPP e-journal No 8 2015: Christian Psychology Around the World.
- Nicolene Joubert (2015) EMCAPP e-journal No 8 2015 Article: *Christian Community Psychology*.

Cellphone: 082 373 9414
Cellphone: 071 493 4543
Email: njoubert@icp.org.za

10 Banks Lane
Klippoortje, 1401

Postnet Suite 664
Private Bag X1007
Lyttelton, 0140



PROF NICOLENE JOUBERT

Counselling Psychologist

Practice Number: 8606986

Advanced Specialist Counselor (CPSC)

- Joubert, Nicolene L. 2018. "The Value of Applied Christian Community Psychology in Healthcare." In *Proceedings of the 2nd Biennial South African Conference on Spirituality and Healthcare*, edited by André de la Porte, Nicolene Joubert and Annemarie Oberholzer, 51–69. Newcastle upon Tyne: Cambridge Scholars.
- Joubert, Nicolene L. 2018. "Ethical dilemmas and pastoral counselling in the healthcare environment." In *Proceedings of the 2nd Biennial South African Conference on Spirituality and Healthcare*, edited by André de la Porte, Nicolene Joubert and Annemarie Oberholzer, 171–91. Newcastle upon Tyne: Cambridge Scholars.
- Joubert, Nicolene, L. (Ed). 2018. *"Psychology and Psychotherapy in a Christian Perspective."* Newcastle upon Tyne: Cambridge Scholars.
- Joubert Nicolene L. 2020 *Christian Community Psychology in antropología Cristiana y Ciencias De La Salud Mental, I European Congress of Christianity and Mental Health Sciences* held in Spain at the *Universitat Abat Oliba CEU, Barcelona*, in September 2020. Published by Dykinson Publishing.
- Editor, Nicolene L. Joubert. *The Theory and Practice of Christian Psychology in Europe*. Cambridge Scholars Publishers. 2022.
- Article: *Global Collective Trauma, Resilience and Social Transformation: A Biblical Perspective*. Nicolene L. Joubert. Published in *The Theory and Practice of Christian Psychology in Europe*. Cambridge Scholars Publishers. 2022.

CONFERENCE PAPERS

- Title: *The complexity of counselling DID Clients*, at The National Conference of The Association of Christian Counsellors in South Africa, in Pretoria, in January 2004.
- Title: *Cross-cultural counselling*, at The National Conference of The Association of Christian Counsellors in Pretoria, in January 2004.
- Title: *The development and evaluation of a Biblically based therapy program for a congregation*, at the International Conference for Family Therapy in Durban, in May 2004.
- Title: *The trauma of peacekeeping*, at the IV Congress of The International Society of Traumatic Stress Studies, in Argentina, in June 2004.
- Title: *Dissociative Identity Disorder: An adaptive systemic perspective*, at the 21st International Fall Conference of The International Society for the Study of Dissociation (ISSD), in New Orleans, in November 2004.
- Title: *The development and evaluation of a Biblically based therapy program for a congregation*, at the International conference for Family Therapy, in Washington, DC, in June 2005.
- Title: *The development and evaluation of a Biblically based therapy program for a congregation*, at the International conference for the Christian Association of Psychology (CAPS), Cincinnati, America, in March, 2006.
- Title: *Resilience in Clients with Dissociative Identity Disorder*, at the national conference of The Association of Christian Counsellors, in Pretoria, in September 2006.
- Title: *Dissociative Disorders: A Complex Adaptive Response to Trauma*, at the Gauteng conference of the South African Association for Social Workers in Private Practice, Carstenhof Clinic, Midrand, in June 2008.
- Title: *Dissociative Disorders: A Complex Adaptive Response to Trauma*, at the conference of the South African Society for the Study of Trauma and Dissociation, ICP, Germiston, in August 2008.
- Co-Presenter at South African Students Conference, Title: *Christian Psychology as a New Voice*, in June 2009.
- Keynote speaker at the second International Conference, University of Ostrog, Ukraine, May 2010. Title: *Christian Psychology as a science*.

Cellphone: 082 373 9414
Cellphone: 071 493 4543
Email: njoubert@icp.org.za

10 Banks Lane
Klippoortje, 1401

Postnet Suite 664
Private Bag X1007
Lyttelton, 0140

www.nljpractice.com
www.icp.org.za



PROF NICOLENE JOUBERT

Counselling Psychologist

Practice Number: 8606986

Advanced Specialist Counselor (CPSC)

- Speaker at the IGNIS Annual Conference in Rothenburg, Germany, February 2011. Title: *The Professionalization and Legitimatization of Christian Psychology as a Profession*.
- Speaker at the European Movement for Christian Anthropology, Psychology and Psychotherapy. In Moscow, Russia May 2011. Title: *Future of Christian Anthropology, Psychology and Psychotherapy*.
- Keynote speaker at the 4th ACC in Finland Conference, January 2012. Title: *Christian Faith and Psychology*.
- Keynote Speaker at the 5th ACC in Finland Conference, in January 2014. Title: *The Role of Worldview/Spirituality in the Healing Process*.
- Speaker at the 7th World Congress for Psychotherapy in Durban, South Africa, in August 2014. Title: *The Impact of Worldview/Spirituality in A Therapeutic Process*.
- Keynote Speaker at the Griefshare SA National Conference in Cape Town, South Africa, in September 2014. Titles: *Left Behind: Dealing with loss after suicide*.
Emotional Logic: A self-help tool to deal with "loss" emotions.
Grief in children: Identifying the developmental stages and typical grieving patterns linked to these stages.
- Keynote Speaker at the IGNIS Annual Conference in Rothenburg, Germany, in March 2016. Title: *Narrative Prayer and Calling*.
- Keynote Speaker at the HospiVision Spirituality and Healthcare Conference in Cape Town, South Africa, on the 20th and 21st of October 2016. 20 October 2016. Title: *Ethical Dilemmas and Pastoral Counselling in the Healthcare Environment*. 21 October 2016. Title: *The Value of Applied Christian Community Psychology in the Healthcare Environment*.
- Keynote Speaker at the HospiVision Spirituality and Healthcare Conference in Pretoria, South Africa, on the 24th to the 26th of October 2016. 24 October 2016. Title: *Ethical Dilemmas and Pastoral Counselling in the Healthcare Environment*. 25 October 2016. Title: *The Value of Applied Christian Community*

SEMINARS, WORKSHOPS AND LECTURES (IN SOUTH AFRICA UNLESS OTHERWISE INDICATED)

- Hosted a camp for Wounded Leaders where I taught and ministered to Pastors/Ministry Leaders in July 2000.
- *Post Modernism – Conflicting Ideologies of our Time* at a Christian Future Action 21 Conference, hosted by Die Afrikaanse Protestantse Akademie, in July 2001.
- *The Redemptive Purpose of Women* at the El Shaddai Institute, in August 2001.
- *Dissociative Identity Disorder* at the Act Up-organisation, in June 2002.
- *Crisis and Trauma* at Elim Clinic, in May 2009.
- *Interventions on a Systemic Level* at the Moreleta Park NG Church, in June 2009.
- Training Workshops on *Psychological Trauma and Dissociative Disorders* at Elim Clinic, in May and July 2009.
- *Dissociative Identity Disorders* at the Moreleta Park NG Church, in October and November 2009.
- Presented a lecture at Elim Clinic on *Mood disorders and Anxiety*, in June 2010.
- *Mood Disorders* at Elim Clinic, in June 2010.

Cellphone: 082 373 9414
Cellphone: 071 493 4543
Email: njoubert@icp.org.za

10 Banks Lane
Klippoortje, 1401

Postnet Suite 664
Private Bag X1007
Lyttelton, 0140

www.nljpractice.com
www.icp.org.za



PROF NICOLENE JOUBERT

Counselling Psychologist

Practice Number: 8606986

Advanced Specialist Counselor (CPSC)

- *Anxiety Disorders* at Elim Clinic, in October 2010.
- *Crisis and Trauma* presented for a Youth group at an African Enterprise Conference, in February 2010.
- *Psychological and Cultural Trauma* at Abigail Counselling Centre in Krasnoyarsk, Siberia, Russia, in August 2010.
- *Crisis and Trauma and Developmental Psychology* at a Family Counselling Centre in Ulaanbaatar, Mongolia on 1 May 2013.
- *Trauma and Dissociative Disorders* to a group of Psychologists and Christian Counsellors, in Germiston, on the 7th of August 2013.
- *The Role of Worldview / Spirituality in the Healing Process* at the University of Mongolia, in October 2013.
- *Trauma and Dissociative Identity Disorder* to a group of Psychologists and Christian Counsellors, in Germiston, on the 11th of July 2014.
- *The Impact of Worldview / Spirituality in a Therapeutic Process* at the 7th World Congress for Psychotherapy, in Durban, in August 2014.
- *Emotional Logic* to a group of Psychologists and Pastoral Counsellors, in Cape Town, from the 31st of July to the 1st of August 2015.
- *Trauma and Dissociative Identity Disorder* to a group of Psychologists and Pastoral Counsellors, in Alberton, on the 11th of February 2016.
- *Emotional Logic* to a Group of Christian Counsellors, in Germiston, on the 25th and 26th of February 2016.
- *Emotional Logic* to a group of Psychologists and Christian Counsellors, at the North West University in Potchefstroom, on the 19th and 20th of May 2016.
- *Trauma and Dissociative Identity Disorder* to a group of Social Workers, in Sandton, on the 27th of May 2016.
- *Emotional Logic* to a group of Psychologists and Pastoral Counsellors, in Polokwane, on the 7th and 8th of June 2016.
- *Trauma and Dissociative Identity Disorder* to a group of Psychologists, Pastoral Counsellors, Social Workers and Teachers, in Nelspruit, on the 4th and 5th of November 2016.
- The Gideon and Houston's First Baptist Conference on 29 October to 30 October 2021.
Title of workshop: *The Paradox of a Christian Suicide and the impact on Those Left Behind.*
- Council for Pastoral and Christian Counselors, November 19, 2021.
Title of presentation:
Casting a vision for the future - from lament to growth - through the lens of ancient's Israel's history. Prof Nicolene L Joubert.
- The Association of Christian Counselors Finland offered a series of webinars on difference mental health issues.
I presented a talk on 12 April 2022 on: *Treatment of early attachment trauma: Client presentations of insecurity and varied symptoms of anxiety.*

Cellphone: 082 373 9414
Cellphone: 071 493 4543
Email: njoubert@icp.org.za

10 Banks Lane
Klippoortje, 1401

Postnet Suite 664
Private Bag X1007
Lyttelton, 0140

www.nljpractice.com
www.icp.org.za

NATIONAL AND INTERNATIONAL CONFERENCES ATTENDED

- Since 1988 I have attended Christian Counselling Conferences, both in the USA and in South Africa. I attended various conferences in the USA on the topics of Trauma, Post Traumatic Stress Disorder and Dissociative Identity Disorder.
- South African Professional Society on the Abuse of Children (SAPSAC) – 1st National Conference – May/June 2000.
- Attended a forum on Establishing Minimum Standards for Training and Accreditation for Lay Counsellors – 31 January 2001.
- ETSS 7th Conference on Traumatic Stress in Scotland, from the 26th to the 29th of May 2001.
- Attended the World Conference on Christianity and Psychology, presented by NECIP to a Network of Christians in Psychology, in Cambridge, England, in 2002.
- Attended the World Conference on Christian Counselling and Psychology, in Nashville, Tennessee, USA, in 2012.
- Attended the 5th ACC in Finland Conference, in January 2014.
- Attended the 7th World Congress for Psychotherapy in Durban, South Africa, in August 2014.
- Attended the Griefshare SA National Conference in Cape Town, South Africa, in September 2014.

PROFESSIONAL AFFILIATIONS

- Member of the American Psychology Association (APA) since January 2021
Executive board member of the Council for Pastoral and Spiritual Counsellors (CPSC) in South Africa.
- Executive board member of the European Movement for Christian Anthropology, Psychology and Psychotherapy (EMCAPP).
- Board member of the Association of Christian Religious Practitioners (ACRP) in South Africa.
- THE International Society for The Study of Trauma and Dissociation (ISSTD), Member.
- Psychological Society of South Africa (PsySAA), Member.
- Honoree Member of the South African Women Federation's Parental Guidance Action (Suid Afrikaanse Vroue Federasie(SAF)).
- Lifelong Member of The Red Cross Society.
- Advanced Specialist Counselor (CPSC)

OTHER VOLUNTEER EXPERIENCE

I worked in children's homes, read for Tape Aid for the Blind and worked with Parent groups.

Cellphone: 082 373 9414
Cellphone: 071 493 4543
Email: njoubert@icp.org.za

10 Banks Lane
Klippoortje, 1401

Postnet Suite 664
Private Bag X1007
Lyttelton, 0140